

# April is National Minority Health Month

## Know Your Risks for Prostate Cancer

PCF.org/NMHHM

### What to Know

Black men are about  
**75%** more likely  
to get prostate  
cancer and over **2x**  
more likely to die.



Prostate cancer is a  
family disease: it is  
estimated that over  
**50%** is linked  
to inherited factors  
that run in families.



Prostate cancer  
is the **most**  
**diagnosed** cancer  
among Hispanic men.

**Systemic  
inequity** in  
Black and Brown  
communities also  
contributes to  
disparities.



### What to Do



**Have a Conversation  
With Your Doctor**

Find out when to start at [pcf.org/risk](https://pcf.org/risk).

**Get Moving**  
[pcf.org/wellness](https://pcf.org/wellness)



**Hold a Family  
Meeting**



Record your cancer family history at  
[pcf.org/familytree](https://pcf.org/familytree).



**Get Educated**  
[pcf.org/guides](https://pcf.org/guides)



Prostate Cancer  
Foundation  
Curing Together.

PCF remains steadfast in our commitment to end all death and suffering from prostate cancer, for all communities.  
Learn more at [pcf.org](https://pcf.org).