

## **Know Your Risk for Prostate Cancer**

## WHAT TO KNOW

Prostate Cancer affects 1 in 8 men in his lifetime.





1 in 6 Black men will will be diagnosed with prostate cancer and are 2x more likely to die of it.



Men with a family history of prostate cancer may be 2x as likely to be diagnosed.

Prostate cancer screening starts with a simple blood test.



## WHAT TO DO



**Assist a Loved One** 

Share our risk factor screening quiz at pcf.org/quiz

Get Moving pcf.org/wellness



Hold a Family Meeting



Track your family cancer history at <a href="mailto:pcf.org/familytree">pcf.org/familytree</a>



Visit **pcf.org** to learn more and take action